**PRIME Solutions® Level I – Web-based (PSI-W) Training**

Description: Level I training is a blend of asynchronous learning and live training designed to orient the users to the content and methods of the Prime Solutions treatment curriculum. The live training elements include brief lecture, discussion, demonstration of Solutions group sessions, participant skill development activities and participant-led Solutions sessions. Live training is done via Zoom either individually or in small groups up to 10 participants. Asynchronous learning is done via the PRI website using the Prime Solutions App and accompanying e-manual between each live training session. Participants take notes on their activities, in response to specific tasks, and submit them to their trainer for review. Participants should expect to spend three additional hours between sessions on the asynchronous tasks.

Goals: This training will introduce the participant to the methods and content of Prime Solutions. Participants will have the basic framework for using Solutions, but then will need to spend time preparing in the Prime Solutions e-manual to be ready to use the program. The training prepares them for this learning.

Training Structure:

* Training is divided into two elements:
  + Three, 2-hour live training sessions via Zoom
  + 2 Assignment Task lists done between Sessions 1 and 2, and 2 and 3.
* Skill practice contains options for introductory and advanced skill practice-based on the individual’s or group’s skills
* Group leader will demonstrate a session topic
* Participants will lead one session topic
* All activities and practice sessions are debriefed to reinforce key concepts

Training Content: Each session will be built around a theme. The current themes are:

**Session 1 – Experience of Prime Solutions and brief overview of the e-manual and App (2 hours)**

* Brief introduction – Who they are and what they do
* Review of the Prime Solutions Training Handbook
* PRI Website & PS e-Manual
* PS App
* How of Solutions – Moving ForWarD
* Summarize Blended Learning (Asynchronous) Tasks and Schedule Next Session

**Session 2 – Facilitate *This Is Who I Am,* discussion of key concepts, including four processes; practice open questions (2 hours**)

* Check-in
* Facilitate – *This is Who I Am*
* The Four Processes of MI
* Review – *I Am Powerful*
* Do Concept Review from PS Handbook
* Summarize Blended Learning (Asynchronous) Tasks and Schedule Next Session

**Session 3 – Practitioner facilitation *I Am Powerful*, review and practice of reflective listening, discussion of additional learning opportunities, and completion of posttest. (2 hours**)

* Check-in
* Practice Session – *I Am Powerful* (Practitioner led)
* Practice – Reflections
* Continued Learning Opportunities
* Posttest
* Wrap up

Completion:

All Level I participants must successfully complete a posttest (75% correct or higher) to finish this training. If participants fail to reach this criterion, they may retake the test after completing a posttraining seminar offered free of charge. Upon successful completion, participants are able to begin providing PRIME Solutions treatment.

Objectives:

Upon completion of this training participants will be able to:

* Define the three elements of a Solutions session
* Describe the four fundamental processes in treatment: engaging, focusing, evoking and planning
* Demonstrate how the use of values can enhance client motivation
* Differentiate change talk, sustain talk and dissent
* Use reflective listening to link together member comments and depict common themes in a group
* Use reflective listening to either reinforce change talk or to defuse dissent
* Identify the elements within a Solutions Session Topic and use these elements to prepare for a practice session
* Use video scenarios to practice skills with clients
* Report experience with three session topics and practice in leading one topic
* Receive and integrate personal feedback on their presentation style to improve performance with Solutions
* Navigate successfully within the downloaded App, as well as locate the streaming version of the App on the PRI website.

Training Audience:

PRI designed this training for beginning and advanced alcohol and drug treatment practitioners who wish to learn how to do the Prim Solutions program.